Ministry of Higher Education and Scientific Research
Scientific Supervision and Scientific Evaluation Apparatus
Directorate of Quality Assurance and Academic Accreditation
Accreditation Department

Academic Program and Course Description Guide

2025-2026

Introduction:

The educational program is a well-planned set of courses that include procedures and experiences arranged in the form of an academic syllabus. Its main goal is to improve and build graduates' skills so they are ready for the job market. The program is reviewed and evaluated every year through internal or external audit procedures and programs like the External Examiner Program.

The academic program description is a short summary of the main features of the program and its courses. It shows what skills students are working to develop based on the program's goals. This description is very important because it is the main part of getting the program accredited, and it is written by the teaching staff together under the supervision of scientific committees in the scientific departments.

This guide, in its second version, includes a description of the academic program after updating the subjects and paragraphs of the previous guide in light of the updates and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly), as well as the adoption of the academic program description circulated according to the letter of the Department of Studies T 3/2906 on 3/5/2023 regarding the programs that adopt the Bologna Process as the basis for their work.

In this regard, we can only emphasize the importance of writing an academic programs and course description to ensure the proper functioning of the educational process.

Concepts and terminology:

Academic Program Description: The academic program description provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course Description: Provides a brief summary of the most important characteristics of the course and the learning outcomes expected of the students to achieve, proving whether they have made the most of the available learning opportunities. It is derived from the program description.

Program Vision: An ambitious picture for the future of the academic program to be sophisticated, inspiring, stimulating, realistic and applicable.

Program Mission: Briefly outlines the objectives and activities necessary to achieve them and defines the program's development paths and directions.

Program Objectives: They are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum Structure: All courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna Process) whether it is a requirement (ministry, university, college and scientific department) with the number of credit hours.

Learning Outcomes: A compatible set of knowledge, skills and values acquired by students after the successful completion of the academic program and must determine the learning outcomes of each course in a way that achieves the objectives of the program.

Teaching and learning strategies: They are the strategies used by the faculty members to develop students' teaching and learning, and they are plans that are followed to reach the learning goals. They describe all classroom and extra-curricular activities to achieve the learning outcomes of the program.

Course Description Form

University Name: Al–Hamdnaiya University

Faculty/Institute: Physical Education & Sports Sciences

Scientific Department: Theoretical Sciences

Academic or Professional Program Name: Bachelor

Final Certificate Name: Bachelor

Academic System: Year

Description Preparation Date: 18-9-2025

File Completion Date: 18-9-2025

Signature:

Head of Department Name:

Dr shihab Ahmed Hassan

Date: 18/9/2025

Signature:

Scientific Associate Name:

Reyadn A meree

Date: 26/9/2025

The file is checked by: Reran S. Kolar

Department of Quality Assurance and University Performance

Director of the Quality Assurance and University Performance

Department: Physrcal Edveat

Date: 18/9/2025

Signature:

Approval of the Dean

Dr. rabiH H. salman

18/9/2025

1

1. Program Vision

Implementing modern international quality standards, improving the quality of education, and achieving integrity and excellence in the field of quality assurance and academic scientific performance at the local, Arab, and international levels.

2. Program Mission

To enhance the quality of learning and teaching, knowledge acquisition, skill enhancement, and talent development for the institution's members, raise the level of academic performance of the college among educational institutions, and advance the level of scientific research and community service.

3. Program Objectives

A – Preparing specialists in the field of physical education and sports sciences to work in various community institutions within one of the following fields:
- Teaching physical education
- Sports training
- Sports therapy
- Psychotherapy for athletes
- Sports management

B – Preparing specialists in sports movement sciences and in the fields of health, sports medicine, psychology, and sports recreation.

C – Conducting research and studies in various theoretical and practical fields of physical education sciences for various individual and team sports. Studying teaching curricula and methods, in addition to counseling and mental health.

D – Providing scientific advice and cooperating with government bodies and institutions... by processing consultations and cases submitted to the sports advisory clinic by a specialized staff...

C – Providing scientific and applied services and refining and qualifying workers in the sports field.

H – Application in schools during the second semester for the fourth stage.

G – Discussing assigned graduation research projects for students

4. Program Accreditation

Theoretical lectures in various sciences related to physical education and sports science, as well as other practical lectures, e-learning, and field application in schools.

5. Other external influences

Training courses, scouting camps, field visits, hosting tournaments, online workshops, and online scientific seminars in the sports field, as well as training and refereeing courses in various disciplines.

6. Program Structure

Program Structure	Number of Courses	Credit hours	Percentage	Reviews*
Institution Requirements	50	148	% 2.96	Primary and Secondary Curriculum
College Requirements	5	5	%100	Secondary Curriculum
Department Requirements	45	40	%88	Basic Curriculum
Summer Training			N\a	
Other				

* This can include notes whether the course is basic or optional.

7. Program Description

Year/Level	Course Code	Course Name	Credit Hours	
			theoretical	practical
2025-2026\First	HAPST26F102	Arabic Language	2	
	HAPST26F105	English Language	2	
	HAPST26F106	Computers	2	
	HAPST26F107	Human Rights	2	
	HAPST26F108	History and Philosophy of Physical Education	2	
	HAPST26F111	Anatomy	2	
2025-2026\Second	HAPST26F208	Measurement and Evaluation	2	
	HAPST26F209	Training Science	2	
	HAPST26F210	Ba'ath Party Crimes	2	
	HAPST26F211	Arabic Language	2	
	HAPST26F212	English Language	2	
	HAPST26F213	Computer	2	
2025-2026\Third	HAPST26F304	Physiology of Training	2	
	HAPST26F308	Motor Learning	2	
	HAPST26F309	Scientific Research	2	
	HAPST26F313	Biomechanics	2	
	HAPST26F312	Physical Injuries and Rehabilitation	2	
2025-2026\Fourth	HAPST26F401	Disablement Sport	2	
	HAPST26F402	Research Project	2	
	HAPST26F403	Sports Psychology	2	
	HAPST26F404	Sports Training	2	
	HAPST26F407	Management and Organization	2	
	HAPST26F409	Statistics	2	
	HAPST26F412	Computer Science	2	

8. Expected learning outcomes of the program

Knowledge

A-1- Knowledge of teaching methods A-2- Writing research	Learning Outcomes Statement 1

A–3– Teaching various physical education and sports science subjects.	
Skills	
B – Program Skill Objectives B–1 – Prepare teaching staff in physical education sciences. B–2 – Prepare researchers in physical education sciences. B–3 – Prepare teachers in physical education sciences and teaching methods. 4 – Prepare staff in sports administration. 5 – Prepare staff as referees for various sports. 6 – Prepare sports therapists and psychologists for sports and psychological rehabilitation.	Learning Outcomes Statement 2
Ethics	
Learning Outcomes 3	Learning Outcomes Statement 3
Learning Outcomes 4	Learning Outcomes Statement 4

9. Teaching and Learning Strategies

1– Theoretical lectures

2– Practical lectures

3– Graduation research

4– Observation and application in schools

5– E–learning

10. Evaluation methods

1– Daily exams

2– Semester exams (theoretical and practical)

3– End–of–year exams

4– Professors' evaluation of students through daily discussions

5– Conducting physical and skill tests for assessment

11. Faculty

Faculty Members

Academic Rank	Specialization		Special Requirements/Skills (if applicable)		Number of the teaching staff	
	General	Special			Staff	Lecturer
Professor	Philosophy of Physical Education	Teaching Methods			Staff	
Assistant Professor	Philosophy of Physical Education	Measurement and Evaluation			Staff	
Assistant Professor	Philosophy of Physical Education	Injury Rehabilitation			Staff	
Lecturer	Philosophy of Physical Education	Administration and Organization			Staff	
Lecturer	Philosophy of Physical Education	Training			Staff	
Assistant lecturer	Philosophy of Physical Education	Teaching Methods			Staff	
Assistant lecturer	Philosophy of Physical Education	Measurement and Organization			Staff	

Assistant lecturer	Philosophy of Physical Education	Psychology			Staff	
Assistant lecturer	Philosophy of Physical Education	Teaching Methods			Staff	
Assistant lecturer	Philosophy of Physical Education	Training Science			Staff	
Assistant lecturer	Philosophy of Physical Education	Administration and Organization			Staff	
Assistant lecturer	Philosophy of Physical Education	Injury Rehabilitation			Staff	
Assistant lecturer	Philosophy of Physical Education	Psychology			Staff	
Assistant lecturer	Philosophy of Physical Education	Kinesthetic Learning			Staff	

Professional Development

Mentoring new faculty members

Guiding adherence to modern teaching methods and using modern means to deliver the curriculum to the student in a good manner.

Professional development of faculty members

Briefly describe the academic and professional development plan and arrangements for faculty such as teaching and learning strategies, assessment of learning outcomes, professional development, etc.

12. Acceptance Criterion

Direct admission: The competitive average is calculated by dividing the score by 100% as follows:

Student's average = (55%)

Physical and skill tests = (45%).

13. The most important sources of information about the program

1– Curriculum books prescribed by the Ministry

2– Supporting books

3– Professor lectures

4– The International Information Network

14. Program Development Plan

1. Utilizing new concepts in the field of physical education and sports science, and utilizing electronic devices to display information and lectures.

2. Developing curricula by updating the curriculum and adding new topics.

Program Skills Outline

Year/Level	Course Code	Course Name	Basic or optional	Knowledge				Skills				Ethics			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
First	HAPST26F102	Arabic Language	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F105	English Language	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F106	Computers	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F107	Human Rights	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F108	History and Philosophy of Physical Education	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F111	Anatomy	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	HAPST26F208	Measurement and Evaluation	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F209	Training Science	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F210	Ba'ath Party Crimes	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Year	Code	Course	Level											
Third	HAPST26F211	Arabic Language	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F212	English Language	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F213	Computer	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F304	Physiology of Training	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F308	Motor Learning	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F309	Scientific Research	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F313	Biomechanics	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F312	Physical Injuries and Rehabilitation												
Fourth	HAPST26F401	Disablement Sport	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F402	Research Project	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F403	Sports Psychology	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F404	Sports Training	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HAPST26F407	Management and Organization	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

HAPST26F409	Statistics														
HAPST26F412	Computer Science														

- **Please tick the boxes corresponding to the individual program learning outcomes under evaluation.**